

Suggestions to Prepare for a Successful Fall Prevention Focus

1. Plan early. Designate a POC to organize the Focus for your organization. The Focus can be as simple as a discussion within your unit, or as complex as an event that includes demonstrations with public affairs and/or local news coverage.
2. Review your organization's fall prevention/protection program.
3. Suggestions for discussion:
 - Types of falls that have happened and/or could happen and how to prevent them:
 - Slip, Trips and Falls from walking/working surfaces
 - Falls from a ladder
 - Falls from a roof
 - Falls from a scaffold
 - Falls on stairs
 - Falls through a floor or roof opening
 - Falls through a fragile roof surface
 - What, if any, fatalities or injuries has your organization experienced? Are employees aware of the fall prevention procedures/plans?
 - What training have you provided to your workers? Does it need revision? Is more training needed?
 - What equipment have you provided to your workers? Is it serviceable? Is better equipment available?
4. Develop presentations or activities that will meet your needs. Decide what information will be best for your organization. The meeting should provide information to workers about hazards, protective methods, and the USAF's safety policies, and expectations. Keep activities short.
5. Decide when and where to hold the presentation/discussion and how long it will last.
6. Promote your activity. Engage your local public affairs office to promote your Fall Prevention Focus.
7. Review material available through [OSHA National Stand-Down](#) or/and on the Air Force Occupational Safety SharePoint site.
8. Provide AFSEC a summary of your event, email: AFSCSEG@us.af.mil